

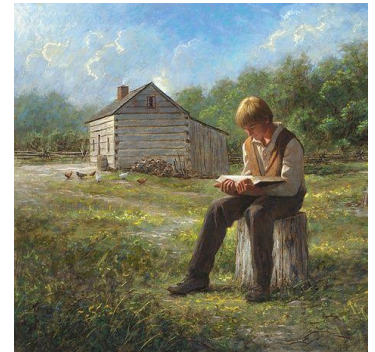
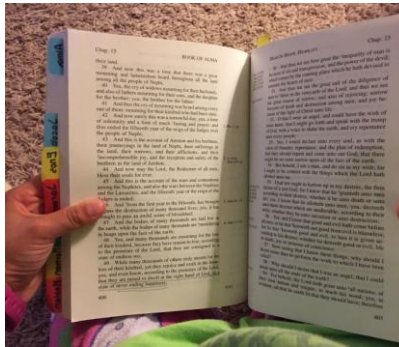
The General Sunday School Association (GSSA) is providing portions of lessons for several age groups on a common topic. Please visit the Church of Christ's Audio Visual Aid (AVA) committee website at [www.cocsermons.net](http://www.cocsermons.net) and click on the "Resources" tab to view all complete lessons and studies for children and adults. Contact Susan Porter at: [porter\\_susan@sbcglobal.net](mailto:porter_susan@sbcglobal.net), or 9 Market Street, Middleville, MI 49333, for more information. The GSSA has a private Facebook group for all members; if you would like to be added contact Betsy Trudgen at [trucooking@yahoo.com](mailto:trucooking@yahoo.com).

During the April, 2018 General Church Conference, Apostle Placido Koyoc Matu told us that we need to do 3 things: Learn, Change, Grow.

## Learn, Change, Grow

*Poem by Jeanine Addie, Springfield, MO*

As I read and learn more from  
the scriptures each day,  
I know I need to change the way;  
I treat my best friend's younger brother,  
For God desires us to love one another.  
In my scriptures, I have read,  
Words in which Jesus said-  
Love thy neighbor as thyself.  
So I'm going to work on being  
kinder to my friend's brother each day,  
As I spiritually grow and follow God's way.



\*This lesson is intended for older students but can be tailored for younger ones.

<h3 style="color: green;">Learn</h3> <p>How do we learn new things?</p> <p>Make a chart like this one and jot down your thoughts.</p> <p>Read the scriptures on the next page. Choose one to either draw a picture of what it means to you or write a statement of its importance to you.</p>	<h3 style="color: green;">Change</h3> <p>How do we change our ways?</p> <p>Write your thoughts on your chart.</p> <p>List at least one area that you feel you could improve on.</p> <p style="text-align: center;"><b><u>Alma 3:29</u></b>  Have ye experienced this mighty <b>change</b> in your hearts?</p>	<h3 style="color: green;">Grow</h3> <p>How do we grow spiritually?</p> <p>Jot down your thoughts.</p> <p>Choose one of the scriptures to memorize.</p> <p>Write down how you connect with the scripture.</p>
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**Alma 18:11**

And now my son, I have told you this, that ye may **learn** wisdom, that ye may **learn** of me that there is no other way nor means whereby man can be saved, only in and through Christ.

**Alma 17:68**

O remember my son, and **learn** wisdom in thy youth; yea, **learn** in thy youth to keep the commandments of God; yea, and cry unto God for all thy support.

**Mosiah 1:49**

And behold, I tell you these things that ye may **learn** wisdom; that ye may **learn** that when ye are in the service of your fellow beings, ye are only in the service of your God.

**2 Nephi 5:12**

And I speak them unto you for your sakes, that ye may **learn** and glorify the name of your God.

**Matthew 11:29**

Take my yoke upon you, and **learn** of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.

**1 Peter 3:15**

But sanctify the Lord God in your hearts: and be ready always to give an answer to every man that asketh you a reason of the hope that is in you with meekness and fear.

**2 Timothy 2:15**

Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth.

**2 Timothy 3:15**

And that from a child thou hast known the holy scriptures, which are able to make thee wise unto salvation through faith which is in Christ Jesus.

**2 Nephi 3:61**

O Lord, I have trusted in thee, and I will trust in thee forever.

**Mosiah 3:3**

And also, we know of their surety and truth, because of the Spirit of the Lord Omnipotent, which hath wrought a mighty **change** in us, or in our hearts, that we have no more disposition to do evil, but to do good continually.

**Alma 3:25**

And behold, he preached the word unto your fathers, and a mighty **change** was also wrought in their hearts; and they humbled themselves, and put their trust in the true and living God.

**Alma 3:46**

And now behold, I say unto you my brethren, If ye have experienced a **change** of heart, and if ye have felt to sing the song of redeeming love, I would ask, Can ye feel so now?

**Ether 5:15**

Behold, it was the faith of Nephi and Lehi, that wrought the **change** upon the Lamanites, that they were baptized with fire and with the Holy Ghost.

**Galatians 5:22**

But the fruit of the Spirit is love, joy, peace, longsuffering, gentleness, goodness, faith.

**Psalms 66:1**

Make a joyful noise unto God, all ye lands.

**Helaman 2:121**

And they did fellowship one with another, and did rejoice one with another, and did have great joy.

**Matthew 13:23**

But he that received **seed into the good ground** is he that heareth the word, and understandeth it; which also beareth fruit, and bringeth forth, some an hundredfold, some sixty, some thirty.

**You can join a virtual Sunday School class (ages 12+) by contacting Stephen Stratton at [Stratton125@gmail.com](mailto:Stratton125@gmail.com). Class is held on Sundays (except Sacrament Sunday) from 10-11:00 am EST.**

**2 Peter 3:18**

But **grow** in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and forever. Amen.

**1 Nephi 5:215**

And it came to pass that they did **grow** exceedingly; wherefore, we were blessed in abundance.

**Mosiah 2:23**

And ye shall **grow** in the knowledge of the glory of him that created you, or in the knowledge of that which is just and true.

**Alma 16:170**

But if ye will nourish the word, yea, nourish the tree as it beginneth to **grow**, by your faith with great diligence, and with patience, looking forward to the fruit thereof, it shall take root; and behold, it shall be a tree springing up unto everlasting life.