

## **THE SABBATH AND THE MOSAIC LAW**

### **1. How did the Sabbath originate?**

- a. God sanctified the 7th day  
Genesis 2: 1 - 3  
Exodus 16: 23 - 30
- b. part of the Mosaic Law  
Exodus 20: 8 - 11
- c. made know to man on Sinai  
Nehemiah 9: 14

### **2. For whom is the Sabbath intended?**

- a. Sabbath made for man  
Mark 2: 27
- b. Israel to keep Sabbath of the Mosaic Covenant  
Exodus 31: 16
- c. Mosaic Law a covenant with Israel  
Exodus 34: 27 - 28

### **3. What is the purpose of the Sabbath?**

- a. it is a sign of man's belief  
Exodus 31: 16
- b. to be rested and refreshed  
Exodus 31: 17
- c. it is symbolic of the future  
Colossians 2: 16 - 17
- d. rest of the believers with God  
Hebrews 4: 3 - 10

### **4. When was the Sabbath observed under Mosaic Law?**

- a. on the seventh day  
Exodus 20: 8 - 11; 16: 23 - 30

### **5. Was there more than one Sabbath?**

- a. there were special Sabbaths  
Leviticus 23: 26 - 34
- b. a Sabbath of the land  
Leviticus 25: 1 - 7

**6. Under the Mosaic Law what restrictions were placed on the Sabbath day activities?**

- a. not to gather food, do not cook, abide at home  
Exodus 16: 23 - 30
- b. not to do any work  
Exodus 31: 14 - 15
- c. kindle no fire, no work  
Exodus 35: 2 - 3
- d. penalty was death  
Numbers 15: 32 - 36
- e. not to buy or sell  
Nehemiah 13: 15 - 22
- f. not to seek our own pleasure  
Isaiah 58: 13
- g. bear no burdens  
Jeremiah 17: 21

**7. Is the Mosaic law binding on Christians today?**

- a. Did Jesus break the Sabbath?
  - 1. Matthew 12: 1 - 10  
gathered food, healed, rebuked rabbi's for wrongly interpreting the Sabbath
  - 2. Mark 2: 23 - 38  
gathered food, called himself Lord of the Sabbath
  - 3. Luke 6: 1 - 11  
gathered food and healed
  - 4. John 5: 1 - 8  
Jesus healed and commanded man to carry his bed
- b. What is taught concerning the Mosaic Law being binding on Christians?
  - 1. Matthew 5: 17 - 18  
Christ came to fulfill law
  - 2. Luke 16: 16  
Mosaic law to remain until Christ
  - 3. 3 Nephi 5: 64 - 68  
now the Law has come to end
  - 4. Ether 5: 11 - 12  
Christ a more excellent way
  - 5. Hebrews 7: 18 - 19  
Mosaic law weak and imperfect

6. Galatians 3: 13; 4: 5

Christ redeemed us from the curse of the law

Law given as a schoolmaster (Galatians 3: 24) because of the transgressions of Israel (Galatians 3: 19 and Mosiah 8: 6 - 8) but under Christ we no longer need schoolmaster (Galatians 3: 25). Law a covenant of bondage (Galatians 4: 24) but the new testament is covenant of freedom (Galatians 4: 31) for the Christians. Mosaic Covenant done away and a more glorious covenant remains (2 Corinthians 3: 6 - 18). Christian is delivered from the law (Romans 7: 6). The apostle's decision was that the Christian was not subject to the Law (Acts 15: 1 - 29) but to keep the basic commandments. The law is fulfilled in Christ and became dead to the believer (2 Nephi 11: 45 - 51 and 3 Nephi 7: 1 - 10). The purpose of the Law was to point to Christ (Jacob 3: 3 - 6; Jarom 1: 23 - 25; Mosiah 8: 90; Alma 14: 75 - 77).

**8. What constitutes proper activities for our Sabbath day?**

- a. to do good, to save life, to heal  
Mark 3: 4
- b. to save life, to heal  
Luke 13: 15 - 16
- c. to give thanks, to gather to worship God  
Mosiah 9: 56 - 58; Micah 6: 6

**9. Why do Christians worship on Sunday?**

- a. Thursday April 6  
Matthew 26: 17  
Passover in upper room  
Matthew 26: 26  
Lord's supper  
Matthew 26: 30 -  
went to garden to pray  
Matthew 26: 47 -  
arrested
- b. Friday April 7  
Matthew 27: 1 -  
tried early in morning  
Matthew 27: 35 -  
Christ crucified  
Matthew 27: 45 - 60

- died at 3 p.m.  
Matthew 27: 57 - 60  
buried in garden
- c. Saturday April 8  
Matthew 27: 62  
Jews set a guard on the tomb
- d. Sunday April 9  
Matthew 28: 1 - 9; John 20: 1  
Mary came to the tomb and found Christ gone  
Matthew 28: 16  
disciples met with Jesus at the time and place appointed
- e. Sunday  
John 20: 26  
eight days later they again met  
Revelations 1: 10  
this day, Sunday, in commemoration of the resurrection came to  
be called the Lord's Day
- f. Acts 1: 3  
Jesus met with His disciples for forty days
- g. Sunday May 28  
Acts 2:  
all were together at the Day of Pentecost
- h. Acts 20: 7 and 1 Corinthians 16: 2  
the Apostles used the first day of the week (the Lord's Day) for  
their worship services