

Vacation Church School

Virtues Unit 1

Lesson: Patience

*He "... hath called us to glory and virtue."
2 Peter 1:3*

Goals: By the end of class the child should be able to:

1. Know the word "Patience"
2. Remember God wants us to have patience
3. Understand what patience means.
4. Know the scripture verse (by the end of week)

Vocabulary: *(for week)*

- | | | |
|------------|----------------|-------------------|
| 1. Patient | 4. Kindness | 7. Book of Mormon |
| 2. Love | 5. Forgiveness | 8. Virtue |
| 3. Truth | 6. Bible | 9. Glory |

Materials Needed:

- | | |
|--|---|
| <input type="checkbox"/> Bible | <input type="checkbox"/> <u>Book of Mormon</u> |
| <input type="checkbox"/> stapler | <input type="checkbox"/> big crayons |
| <input type="checkbox"/> marker | <input type="checkbox"/> jump rope (supplied) |
| <input type="checkbox"/> butterfly stickers | <input type="checkbox"/> large butterflies (like the one supplied- 1 per child) |
| <input type="checkbox"/> KEEP BOX | <input type="checkbox"/> white paper |
| <input type="checkbox"/> masking tape | <input type="checkbox"/> white card stock/poster board |
| <input type="checkbox"/> Items for "I Have Virtues Book" | |

Preparation:

1. *Scripture Activity:*
 - a. Assemble Virtue book (1 per child per week)
2. *Review Activity:*
 - a. Have a line of tape on floor long enough for all children to stand on
3. *Vocabulary Words:*
 - a. Cut out vocabulary words and back them on poster board.

- b. Put Vocabulary Words up on wall for children to see and remember the words (for younger children - finding a picture to go with the word helps them remember it better)

Introduction Activity:

In both the Bible and Book of Mormon it says we are supposed to always be patient. That means we need to wait our turn, be quiet when we are bored.

Hold up butterfly

Isn't this butterfly beautiful? Well butterflies have to be patient so they can be this way. They start as a caterpillar and change into a butterfly. But they have to wait a long time.

I am going to read a story about a very good duckling... he was good because he was patient.

Story: Duckling is Patient *(read in book)*

Discussion:

Can anyone tell me what patience means?

Let children respond...

Help them to the understanding that it means to be happy while you wait.

Yes, very good. When we are patient we are happy even if we have to wait.

We are nice to people even if we are tired of waiting.

God says that He will bless us, when we are patient. Can anyone tell me a time when they had to be patient?

Help children think of times...

-waiting while mom was talking, shopping, waiting to go swimming.

Those are all hard times to wait patiently...but remember that's what God wants us to always do.

Review Activity: Waiting Our Turn

Have the children line up on a tape line. They must wait patiently in line, in order to participate in the simple activities. After the child's turn, they will go to the end of the line, and wait until the next activity.

1. Step over rope (1 foot off ground)
2. Go under rope (2 $\frac{1}{2}$ feet off ground)
3. Jump over wiggling rope (on the ground)

4. Receive his/her butterfly

Scripture Activity:

Holding the Holy Bible and the Book of Mormon.

There are lots of scriptures in the Bible and Book of Mormon that talk about how we should live our life. In order to be good like Jesus we must have virtues. One of the virtues is patience.

Jesus wants us to wait on Him for all our needs and wants. When you grow up there will be lots of times you have to wait for God's direction. He wants you to wait patiently, just like we have to wait patiently when we are standing in a long line at the store and want to go home.

Let's read the page in our "I have Virtues Book"

Read pages together then let children decorate Patience page of "I Have Virtues" book

Use any extra time for outside unstructured play