

Vacation Church School

Virtues Unit 2

Lesson: Joy

He "... hath called us to glory and virtue."

2 Peter 1:3

Goals: By the end of class the child should be able to:

1. Know the word "Joy"
2. Remember God wants us to be thankful for the gifts He has given.
3. Understand what Thankfulness means.
4. Know the scripture verse (by the end of week)

Vocabulary: (for week)

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|-----------------|---------------|-------------------|
| 1. Excellence | 4. Politeness | 7. Book of Mormon |
| 2. Thankfulness | 5. Joyfulness | 8. Virtue |
| 3. Friendship | 6. Bible | 9. Glory |

Materials Needed:

- | | |
|---|--|
| <input type="checkbox"/> Bible | <input type="checkbox"/> Book of Mormon |
| <input type="checkbox"/> large blanket or parachute (review activity) | |
| <input type="checkbox"/> medium/light balls (review activity) | |
| <input type="checkbox"/> KEEP BOX | <input type="checkbox"/> Happy Face Stickers |
| <input type="checkbox"/> Marker | <input type="checkbox"/> Items for "I Have Virtues Book" |

Preparation:

1. *Scripture Activity:*
 - a. Assemble Virtue book (1 per child per week)

Story: Lamb is Joyful (read in book)

Discussion:

What is Joy? Let children respond...

Help them to the understanding that it is being happy, even when we want to be sad.

Have you ever been sad? Let children respond

How did you get happy again?

God is who gives us Joy. Even when sad things happen in our life, we still need to have Joy in our hearts.

Review Activity: Bouncing with Joy

Have lots of room for this activity. Children will need to stand and hold onto the parachute/ blanket. Stretch it out... flat. Have children hold on to it very still. Place a couple of balls on to the parachute. The balls just sit there, roll around a little. The balls don't have much joy. Start shaking the parachute. The balls begin to bounce. Encourage the children to get the balls bouncing for joy. The more they bounce the more joy they have.

Scripture Activity:

Holding the Holy Bible and the Book of Mormon.

There are lots of scriptures in the Bible and Book of Mormon that talk about how we should live our life. In order to be good like Jesus we must have virtues. One of the virtues is Joy.

Jesus wants us to do be full of Joy. Sometimes things happen that make us sad, but when God is in our hearts, we will still have joy.

Let's read the page in our "I have Virtues Book"

Read pages together then let children decorate joy page of "I Have Virtues" book with happy face stickers.

Use any extra time for outside unstructured play