

David– Lesson 1

1 Samuel 16:1-23; Psalm 23

Read: The Action Bible, “God’s New King” & “A Psalming Influence” or a comparable version.

Discuss: Why do you think God chose David, the youngest and smallest son, to be king of Israel instead of his bigger brothers?

- God could see that David had the better heart than his brothers. He was the one who would serve God the best. He was humble.

Why do you think David’s music put King Saul to sleep?

- David’s music was praising God. God’s words are peaceful to the soul. It calmed down Saul’s restless, angry spirit and replaced it with God’s spirit of peace and contentment.

Activity #1: Write your own “psalm” for the Lord. Think of something you want to praise God for, and write it down, like David did! (Chances are, he didn’t have paper and markers, but I don’t have any animal skins or metal plates handy, so let’s stick with what we have :)

Materials: Paper, markers, string

Directions:

1. Think of your “psalm”.
2. Use markers to write it on your paper.
3. Roll up both ends so they meet in the middle.
4. Tie a bow around the paper so it looks like a scroll.

Activity #2: Make a musical instrument to accompany your psalm. David played the harp, but you can make any type of instrument to praise the Lord. We are going to make maracas.

Materials: plastic beverage bottles, cool fabric scraps, glue, paintbrushes, scissors, small items to fill maracas (such as dried beans or peas).

Directions:

1. Fill your beverage bottle about 1/4 full with the dried beans.
2. Screw on the cap.
3. Paint some glue onto the bottle.
4. Cover entirely with fabric scraps, until there isn’t any plastic visible.
5. Optional- If you want to decorate further, you could add buttons, plastic flowers, beads, etc.
6. Let dry completely.
7. Sing your “psalm,” and shake your maraca!